

Uno ko Ñan Kōjerbale Opioid im Kaajiriri



Ej eman wōt ñan am kaniññin ajiri eo nejūm ilo am bōk uno ñan kōjerbale opioid.

Uno ta ko Ñan Kōjerbale Medications for Opioid Use Disorder (MOUD, Uno ko lap jān Joñan Kōjerbale Opioid)?

Uno ta ko Ñan Kōjerbale Opioid Use Disorder (MOUD) ej uno ko taktō ej lewaj bwe en jibāñ armij kabōjrak aer kōjerbale opioid.

Methadone im buprenorphine (Subutex®) ej eman tata aer jermal ñan armij ro rej kajeoñ in kabōjrak aer kōjerbale opioid kinke rej kadiklak kakō!le in jolok ko im aer kōnan kōjerbale opioid. Methadone akō buprenorphine ej juōn mottan aurōk eo ñan uno in Opioid Use Disorder (OUD). Remāroñ in jibāñ eok im ajiri eo nejūm bwe en eman ejmour ko amiro. Methadone im buprenorphine rej kobarōk ilo am kaniññin. Buprenorphine-naloxone (Suboxone®) ej bar kōjbarōk.

Naltrexone (Vivitrol®) ej bar juōn uno eo ej jermal ñan kamour jān lap jān joñan kōjerbale opioid. Ejjab lukkun eman an jermal kinke ejjab kadiklak kakō!le in jolok ko akō am kōnan kōjerbale, akō eman ñan kaajiriri/kaniññin.

MOUD ko remāroñ in ke deļoñ e miliik an armij?

Aet. Jidik mottan in MOUD remāroñ in deļoñ ilo miliik eo am. Joñan methadone akō burpenorphine ajiri eo nejūm ej bōk ilo an kaniññin elukkun in diik. Ediklak jān ta eo ajiri eo nejūm enkar bōk ñe enkar wōr aer kakō!le in jako ko elikin lōtak. Kaniññin ilo am bōk MOUD emanlak ñan ajiri eo nejūm jān am jab kaniññin.

Ta eo ej walok elikin am kaniññin ilo am bōk MOUD ñan ajiri eo nejūm?

- Kaniññin ilo am bōk MOUD ej eman ñan eok im ajiri eo nejūm.
- Ajiri eo nejūm eban kaonan wōt bōk MOUD jān kaniññin.
- Ajiri eo rej kaajirir/kaniññin ediiklak aer aikuj uno ko ñan ien eo elikin aer lōtak.
- Ñe kwōj kōjerbale methadone, ñe enij bōjrak an niññin eman tata an kabōjrak an kaajiriri/kaniññin ilo an rumijlak. Ilo an jeja, ajiri ro ewōr aer kakō!le ko ñe enij kajju bōjrak an niññiñ.
- Ñe kwōnij bōk buprenorphine, naltrexone akō buprenorphine-naloxone, kwōjjab aikuj in kabōjrak an kaniññin.

Kōjbarōk eok im ajiri eo nejūm bwe en eman amiro ejmour

- Bōk juōn vitamin ewōr iodine im leen wōjke ko emeram kōlar ko aer im pejtōbō! ñan kaḷapḷok kajur ilo miliik eo am.
- Kōnnaan ippān jikin taktō eo an ajiri eo ñe elapḷok an ajiri eo mejki jān mokta, ebin an mōñā akō ñe ebin lojen.
- Kajeoñ in jab kiki ilo ejja juōn wōt jikin āinwōt ajiri eo nejūm. Karōk in kiki eo elapḷok an kōjbarōk ej ñan am pād ilowaan juōn wōt ruum ippān ajiri eo nejūm ilo an lōñ an māke jikin kiki.
- Kōjbarōk jikin kakwōn MOUD. Elaptata an aurōk ñe ewōr ajiri ro jōt ilo mweo imōm.
- **Ñe kwōj lōmḥak ajiri eo nejūm emōj an orañḷok MOUD ko**, kūrḷok Poison Control (Jikin Kantūrol Baijin) ilo 800-222-1222.
- **Kurḷok 911** ñe ajiri eo nejūm erumij lak an menono, bōjrak an menono, ben an ruj, ñe kilin akō tien ej kōlar būlu, emōjno, elap an mejki, akō emōj an jino emmōj im/akō bidodo lojen im enak bōjrak.



Ako ñe emōj kwalōk ñan io bwe in jab kaniññin kinke naj kōjerbale juōn MOUD?

Juōn jikin taktō eo ej kwalōk ke kwōjjab aikuj in kaniññin ajiri eo nejūm kinke kwōj kōjerbale juōn MOUD ebwod an lewaj melele. Kajitok ippān jikin taktō eo am ñe ewōr bar unin aer lōmḥak kwōjjab aikuj in kaajiriri/kaniññin. Kelet wāwein am najidiñ ajiri eo nejūm ej am kelet. Ñe kwōj eñjake ke wāwein lale eo am ejjab kautej kwōj māroñ in kajitok ñan bar juōn jikin taktō akō kwalōk inepata ko am ippān clinic akō oḷpitōl eo.

Kaajiriri ilo am bōk methadone akō buprenorphine emōj an alikkar in kōjerbale jān Kaḷōj eo an Taktō ko an Kōrā, Jikuul in Ekatak Lale Ajiri, Doulol eo an Ejmour eo an Kōrā, Taktō in Kemour, im Nōj ro, Doulol eo an Ejmour ilo Lalin, Jikuul in Ekatak kin Uno in Kaniññin.

Ñe ij kōjerbale MOUD ilo tōrre eo ij bōrōro, ajiri eo nejū enij ke wōr an kakōlle elikin an lōtak?

Ñe kwōj kōjerbale methadone akō buprenorphine ilo tōrre eo kwōj bōrōro, ajiri eo nejūm emāroñ in wōr an kakōlle elikin aer lōtak. Ajiri eo nejūm enij aikuj in pād wōt ilowaan ojpitōl iumin bar jejo raan.

Ilo ien eo kwōj kemour, lale eo eman tata ñan eok im ajiri eo nejūm ej nae etan Mōñā, Kakije, im Kiki. Kea in ej kōba ippān:

- Kwe im ajiri eo nejūm amiro pād ilo juōn wōt ruum ippān doon.
- Kōjbarōk bwe en ejelōk ainikien ilo ruum eo im diik an meram.
- Lukkun kakwōne kin kooj im debij ajiri eo nejūm.
- Kaajiriri ajiri eo nejūm akō jibwe im kōmman bwe en eñjake kil-ñan-kil ilo tōrre eo ej niññin ilo bato.



Ejjab aolep ojpitōl ko rej lewaj Mōñā, Kakije, im Kiki. Ñan bukōt ñe ojpitōl eo ej kōnan bōkwaj Mōñā, Kakije, im Kiki kwōj māroñ:

- Kajitok ippān taktō eo am ñe ojpitōl eo kwōj tin kemour ie ej lewaj mōñā, kakije, im Kiki.
- Kwōj māroñ in kūrloq nōmba in telebon eo ilo ojpitōl im kajitok ippān armij eo ej uak ñan tiipaaten (jōt ien nae etan 'elikin kemour', 'ilo ien kemour' akō 'ajiri im jinier' ruum ko). Jabdewōt ien nōj ro rej jerbale rej māroñ in jellā ñe rej lewaj Mōñā, Kakije, im Kiki.
- Ñe kwōj māroñ, kelet in kemour ilo juōn ojpitōl eo ej lewaj Mōñā, Kakije, im Kemour. Ej wāwein lale eo eman ñan eok im ajiri eo nejūm.

Armij rej kōjerbale naan ko rej oktak ñan kōmmejeje kin enbwinnier. Jōt jinen akō jemen ajiri rekar ukōte enbwinnier rej kōjerbale "ūb" ijelakin "niññiñ." Ilo pepa in, jej kōjerbale kaniññin im kaajiriri āinwōt naan ko rej juōn wōt. Kaajiriri ej juōn wāwein eo im enbwinnim ej kōmman miliik ñan an naajidiñ ajiri ro.