



Key Resources and Recommended Reading

for Information on Drugs during Lactation





Key Resources:

Drugs & Lactation Database (LactMed). <https://www.ncbi.nlm.nih.gov/books/NBK501922/>

Hale's Medications & Mother's Milk. Print edition and online database available. <https://www.halesmeds.com/>

Recommended Reading:

Banderali, G., Martelli, A., Landi, M., Moretti, F., Betti, F., Radaelli, G., Lassandro, C., & Verduci, E. (2015). Short and long term health effects of parental tobacco smoking during pregnancy and lactation: A descriptive review. *Journal of Translational Medicine*, 13, 327. <https://doi.org/10.1186/s12967-015-0690-y>

Blandthorn, J., James, K., Bowman, E., Bonomo, Y., & Amir, L. H. (2017). Two Case Studies Illustrating a Shared Decision-Making Approach to Illicit Methamphetamine Use and Breastfeeding. *Breastfeeding Medicine: The Official Journal of the Academy of Breastfeeding Medicine*, 12(6), 381–385. <https://doi.org/10.1089/bfm.2017.0010>

Cook, K. J., & Larson, K. L. (2020). Breastfeeding Decision-Making in an Addiction Trajectory: An Exploratory Grounded Theory Study. *Research and Theory for Nursing Practice*, 34(4), 371–388. <https://doi.org/10.1891/RTNP-D-20-00004>

Corsi, D. J., Murphy, M. S. Q., & Cook, J. (2021). The Effects of Cannabis on Female Reproductive Health Across the Life Course. *Cannabis and Cannabinoid Research*, 6(4), 275–287. <https://doi.org/10.1089/can.2020.0065>

Dorea, J. G. (2007). Maternal smoking and infant feeding: Breastfeeding is better and safer. *Maternal and Child Health Journal*, 11(3), 287–291. <https://doi.org/10.1007/s10995-006-0172-1>

Fischer, B., Russell, C., Sabioni, P., van den Brink, W., Le Foll, B., Hall, W., Rehm, J., & Room, R. (2017). Lower-Risk Cannabis Use Guidelines: A Comprehensive Update of Evidence and Recommendations. *American Journal of Public Health*, 107(8), e1–e12. <https://doi.org/10.2105/AJPH.2017.303818>

Fríguls, B., Joya, X., García-Algar, O., Pallás, C. R., Vall, O., & Pichini, S. (2010). A comprehensive review of assay methods to determine drugs in breast milk and the safety of breastfeeding when taking drugs. *Analytical and Bioanalytical Chemistry*, 397(3), 1157–1179. <https://doi.org/10.1007/s00216-010-3681-0>

Hale, T. W., & Krutsch, K. (2021). Opioid Use in Breastfeeding Mothers and Neonatal Risks. *Clinical Pharmacology and Therapeutics*, 109(3), 573–575. <https://doi.org/10.1002/cpt.2118>

Hendrickson, R. G., & McKeown, N. J. (2012). Is maternal opioid use hazardous to breast-fed infants? *Clinical Toxicology (Philadelphia, Pa.)*, 50(1), 1–14. <https://doi.org/10.3109/15563650.2011.635147>

Henschke, P. (2019). Cannabis: An ancient friend or foe? What works and doesn't work. *Seminars in Fetal & Neonatal Medicine*, 24(2), 149–154. <https://doi.org/10.1016/j.siny.2019.02.001>

Jansson, L. M., Velez, M., & Harrow, C. (2004). Methadone maintenance and lactation: A review of the literature and current management guidelines. *Journal of Human Lactation: Official Journal of International Lactation Consultant Association*, 20(1), 62–71. <https://doi.org/10.1177/0890334403261027>

Mennella, J. (2001). Alcohol's effect on lactation. *Alcohol Research & Health: The Journal of the National Institute on Alcohol Abuse and Alcoholism*, 25(3), 230–234.

Miller, J. (2019). Ethical Issues Arising from Marijuana Use by Nursing Mothers in a Changing Legal and Cultural Context. *HEC Forum: An Interdisciplinary Journal on Hospitals' Ethical and Legal Issues*, 31(1), 11–27. <https://doi.org/10.1007/s10730-018-9368-1>

Sachs, H. C. & Committee On Drugs. (2013). The transfer of drugs and therapeutics into human breast milk: An update on selected topics. *Pediatrics*, 132(3), e796-809. <https://doi.org/10.1542/peds.2013-1985>

Verstegen, R. H. J., Anderson, P. O., & Ito, S. (2020). Infant drug exposure via breast milk. *British Journal of Clinical Pharmacology*. <https://doi.org/10.1111/bcp.14538>



