

Teens, Privacy, and Health

What you need to know



- 1. You have the right to be treated with respect** regardless of race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, gender expression, ability, immigration status, financial status, health status, or parental status.
- 2. At this health center, you have the right to talk to your provider alone**, without your parent or guardian in the room. We may encourage you to share what we talk about with a parent/legal guardian or a trusted adult.
- 3. Private information you share with our health center staff will remain confidential and not be shared without your permission (giving consent) except in the cases listed below:**
 - You tell us or we suspect that an adult is hurting you.
 - You tell us that you want to hurt yourself or someone else.
 - You are sexually active with someone inappropriate based on your age and their age. Ask a member of our staff if you would like to learn more about this.
- 4. According to Washington law, you have the right to the following services without the permission of a parent or legal guardian:**
 - Emergency care.
 - Testing and treatment of sexually transmitted infections (STIs) and HIV (must be 14 or older).
 - Pregnancy testing and prenatal care including abortion.
 - Family planning and contraceptives including emergency contraceptives.
 - Mental health and substance use treatment done at a doctor's office such as counseling (age 13 or older).
 - Mental health treatment (age 13 or older) that requires you to stay overnight at a hospital or mental health facility. Your parent/guardian does not have to be notified if they can't be found or it would be harmful to you.
 - Substance use treatment (age 13 or older) that requires you to stay overnight at a hospital or mental health facility.
- 5. If you are using Medicaid or receiving services at a Title X reproductive/sexual health center** (ask the staff), all forms of contraception are available without the permission of a parent/guardian. Title X clinics can also provide other sexual and reproductive health services such as STI testing and treatment and pregnancy testing without informing your parent or guardian.
- 6. You have the right to have your options for care explained to you.**
- 7. You have the right to review your health center records.**
- 8. If you feel you have been mistreated, please inform the health center staff.**

Talk to your provider if you are especially concerned about confidential care.

