

Good morning!

Thanks for checking out your quarterly updates, and Happy Sweater Season from the folks at DOH!



✉ Questions or suggestions? [Email Nicole.Casanova@doh.wa.gov](mailto:Nicole.Casanova@doh.wa.gov)

It's not "goodbye," it's "see you later."

The WYSHIIN grant wraps up at the end of December, marking the end of 3 years of progress toward improving Washington youth's access to sexual health services and education. Our commitment to serving young people and the relationships we've built aren't going anywhere, though.

Join us Wednesday, 12/6 on [Zoom](#) for our final virtual gathering of WYSHIIN partners. We'll share, celebrate, and continue to nurture relationships within the Network.



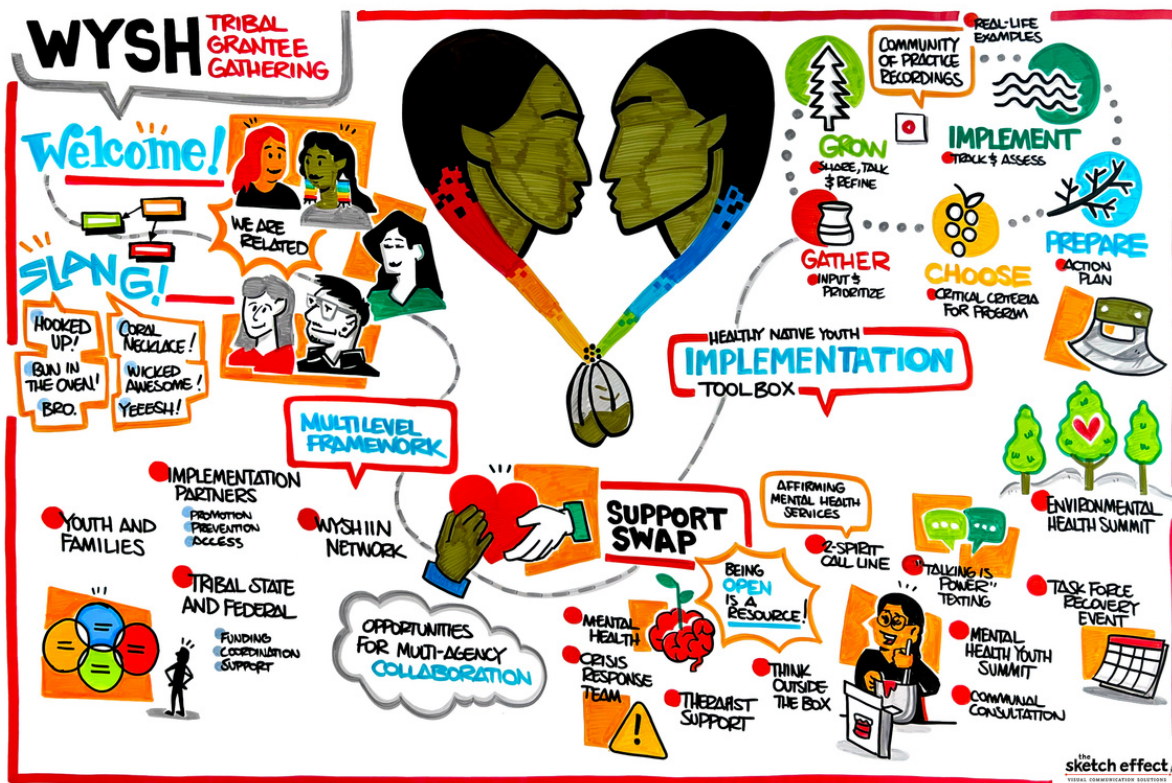
The DOH team will reach out in the coming weeks about scheduling final check-in meetings and preparing for our final report, which will be created in a [StoryMap](#) digital storytelling format to showcase the photos, videos, art, and narratives partners have shared with us. Nicole and Celena will collaborate with partners to create StoryMaps for both Tribal and non-tribal partners.

Partner Spotlight: Stories from the Fields

Check out this video series highlighting incredible work from the Nisqually Indian Tribe, The Tulalip Tribes, Quinault Indian Nation, and the Northwest Portland Area Indian Health Board!



NPAIHB and Tribal partners collaborated with [Sky Bear Media](#) and [The Sketch Effect](#) to capture and share insights and lessons learned from the February 2023 Tribal Grantee Gathering.



Honoring Indigenous People's Day

I write to you as a guest on the ancestral lands of the Duwamish and Suquamish Tribes, and express my gratitude to all Coast Salish People who continue to thrive on these lands and waters. This Indigenous People's Day (Oct 9, 2023), I celebrate the Native leaders who have always been and continue to be champions for health equity in spite of ongoing harm from colonization.

Our field of sexual and reproductive health would not be what it is today without the wisdom and labor of Indigenous reproductive justice advocates. Native leaders and community members provide vital culturally appropriate education and support and sustain movements to recover stolen land.

I commit to building respectful partnerships with Indigenous communities in support of collective liberation, health, and equity for all.



 Washington State Department of **HEALTH**

Washington
T1D TEEN CONNECT

Are you a teenager living with type 1 diabetes (T1D)? Starting in November 2023, we are offering free monthly virtual Zoom sessions for T1D teens in Washington. Youth ages 12-19 will be able to connect with a young adult to talk about the challenges and realities of living with T1D.

We want to help T1D teens feel more confident about growing up. We hope your

get in **TOUCH**

 Register in advance for this meeting or scan QR code: [Zoom registration link](#).

We will send you a confirmation email with meeting information.

Please email us at CYSHCN@doh.wa.gov for questions or support.

THE DEETS:

 **ZOOM MEETINGS**
Starting November 13th, 2023

 **TIME**
7 P.M. Pacific Standard Time

 **RECURRING**
Monthly meeting on the second Monday of the every month

DOH 141-104 September 2023
To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.

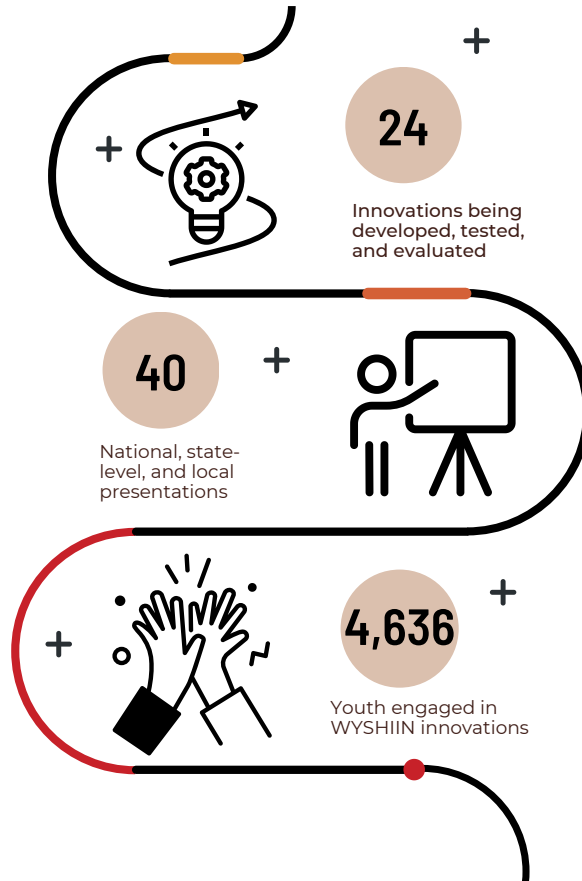
**Help spread the word!
T1D Teen Connect is a youth-led community for teens living with type 1 diabetes (T1D)**

Folks can [register using this link](#).

Thank you for submitting your semi-annual reports this summer!

Here are some highlights:

JANUARY - JUNE 2023



CONGRATULATIONS!

Thinking about dissemination? Remember to mention grant support!

Partners must include an acknowledgement of grant support on any products produced from HHS grant-supported activities, such as websites, publications, presentations, videos, PowerPoint presentations, etc.

You may state: "This publication was made possible by Grant Number TP2AH000062 from the HHS Office of Population Affairs." OR "The project described was supported by Grant Number TP2AH000062 from the HHS Office of Population Affairs."

Recipients also must include a disclaimer stating that: "Contents are solely the responsibility of the authors and do not necessarily represent the official views of the Department of Health and Human Services or the Office of Population Affairs."

Featured Resource: Sexual Health Observances Calendar

Wondering how to plan more relevant and engaging social media posts? Thanks to NPAIHB's sexual health communications specialist, you'll never forget World Sexual Health Day (September 4) or National I Love My Feet Day (August 17) ever again! [Check out the calendar here.](#)

Thanks, Asia!

Professional development, events & learning resources

Job Aid: [Making the Case to Sustain Your Program](#) (RHNTC)

Webinar Series: [Healthy Native Youth Community of Practice - Implementation Toolbox](#) (NPAIHB)

One-Pager: [DOH Adolescent Mental Health Fact Sheet](#)

One-Pager: [Conversation Starters on Stress & Coping for LGBTQ+ Youth](#) (Center of Excellence on LGBTQ+ Behavioral Health Equity)

Data: [DOH Adolescent Health Data Dashboard](#)

One-Pager: [Sex Ed is Sexual Assault Prevention](#) (SIECUS & Columbia University)

Video: [Addressing Weight Stigma and Bias in Sexual and Reproductive Health Care](#) (RHNTC)

E-Learning: [Reform the Locker Room: LGBTQ+ Inclusion Training for Coaches](#) (The Trevor Project)

Reflection Tool: [Supporting Trans Youth of Color Through Healing-Centered Practices](#) (ETR)

Conferences & Trainings:

- [YTH Live Global](#), Oct 11, Virtual
- [SHAPE Washington Health/Physical Education Conference](#), Oct. 14-15, Tacoma
- [2023 SexEdCon: Thriving Against Adversity](#), Oct 18-19, 2-4pm, Virtual
- [Facilitation Skills \[for Sex Education\]](#), Oct. 20-Nov. 10, Wednesdays 12-2pm, Virtual
- [Facilitating \[Sex Education\] from a Trauma-Informed Lens](#), Nov. 8-Dec. 6, Wednesdays 12-2pm, Virtual
- [Beyond Pink](#), Justice for Girls Coalition of WA State Annual Summit. Nov 15, Virtual
- [National Sex Ed Conference.](#), Dec. 5-8, Atlantic City

NEW Publication from our partners at Washington State University College of Nursing in collaboration with the Northwest Portland Area Indian Health Board & DOH: [Innovative Strategies to Address Systemic Inequities in Youth Sexual Health Programs: A Preliminary Program Evaluation](#)

DOH Wants to know what adolescent health providers need to better serve Washington's youth!

DOH is launching a [Mini Needs Assessment](#) to hear providers' thoughts on adolescent well-visits, behavioral health care, youth-friendliness, confidentiality, billing and reimbursement, and more. We'll use what we learn to guide public health programs and policies that impact youth. [Click here to check out the one-pager for links to the survey and ways to help get the word out!](#)