



HARM REDUCTION CARE NAVIGATION KICKOFF MEETING

Office of Infectious Disease

Monday, January 22nd, 2024

Welcome!

Time	Agenda Item
11:00 to 11:05	Welcome! <i>Chelsie Porter</i>
11:05 to 11:15	Introductions
11:15 to 11:25	Harm Reduction Care Navigation <i>Tim Candela & Madison McPadden</i>
11:25 to 11:40	Database Preview <i>Noah Frank & Melody Yu</i>
11:40 to 11:50	TA Opportunities & Expectations <i>Chelsie Porter & Madison McPadden</i>
11:50 to 12:00	Q&A: What questions do you have for us?

Meet the Drug User Health (DUH) Team

Chelsie Porter

(she/her)

Syringe Service Program
Coordinator

Tim Candela

(he/him)

Drug User Health & Harm
Reduction Advisor

Madison McPadden

(she/her)

Capacity Building
Consultant – Drug User
Health & Hepatitis C

Stephen Erly

(he/him)

Health Equity and
Syndemics Section
Manager

Melody Yu

(she/her)

Drug User Health
Epidemiologist

Noah Frank

(he/him)

Drug User Health
Epidemiologist

Emalie Huriaux

(she/her)

Program Manager –
Integrated Infectious
Disease, Hepatitis C, and
Drug User Health

Amber Fritsch

(she/her, they/them)

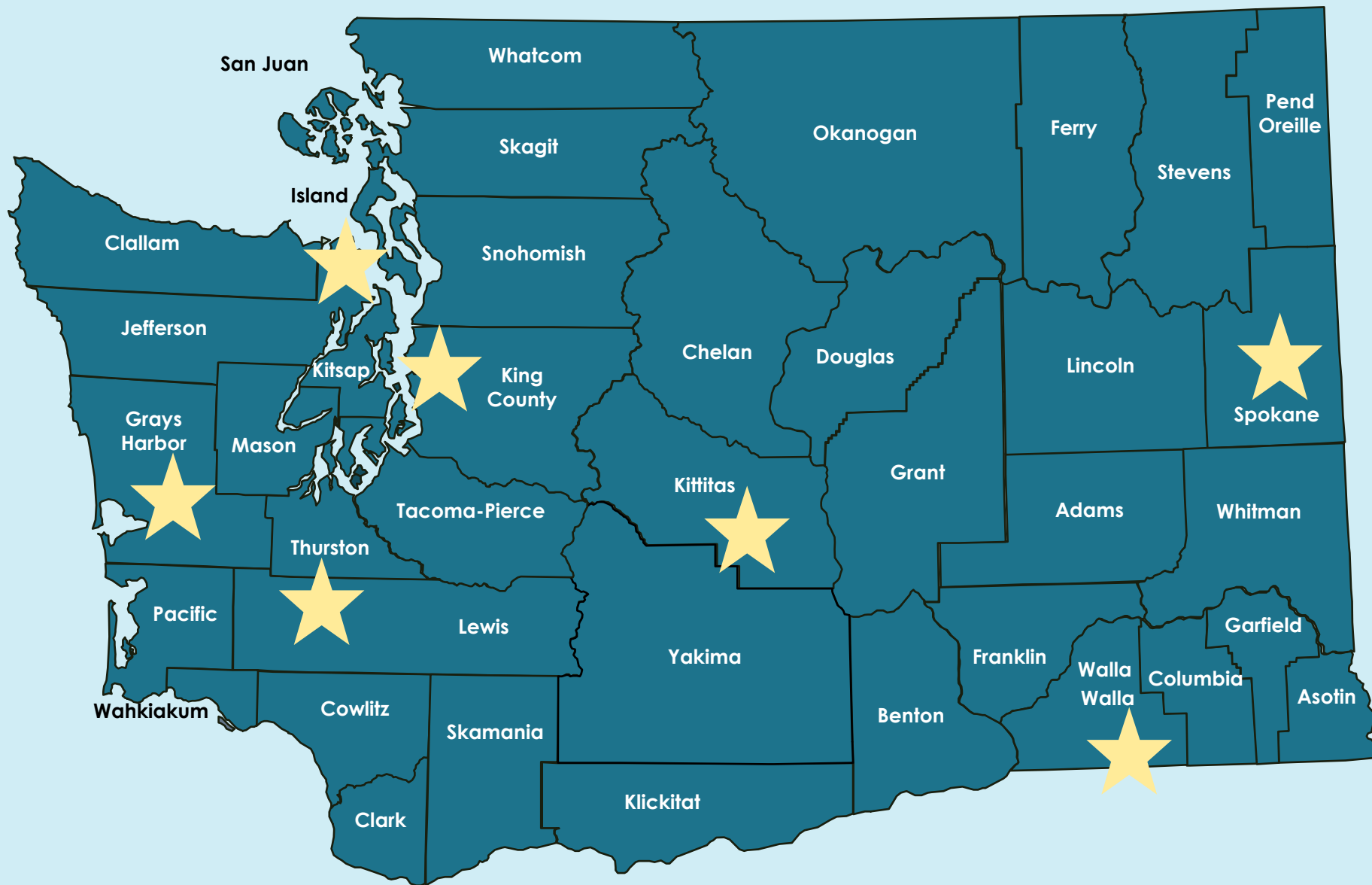
Harm Reduction
Fulfillment Specialist

Sean Hemmerle

(he/him)

Overdose Education and
Naloxone Distribution
Consultant

Harm Reduction Care Navigation Programs



Group Introductions



Please take 2 minutes to share:

- Names
- Pronouns
- Roles & Organization
- What is your organization's experience providing care navigation services?

(2 minutes per organization)

Harm Reduction Care Navigation

What is Harm Reduction Care Navigation (HRCN)?

- Expands upon traditional definitions of care navigation to engage and support clients utilizing a harm reduction framework in trusted, familiar environments – **SSPs**
- Intensive level of services that prioritizes offering care that is:
 - Nonjudgemental
 - Collaborative
 - Integrated
 - Trauma-informed
 - Strengths-based
- Emphasizes a “no wrong door approach”



HARM REDUCTION CARE NAVIGATION:

Small & Intensive Caseloads



No more than 20 – 25 clients

Prioritizes Relationship-Building



Relationship is the intervention

Connects with Participants in their Community



Physically meets people where they are via street outreach

Participant-Centered Care Planning



Collaborate to meet the client & their readiness where they are

Intentional Warm Hand-off Referrals



Directly introduce participants to trusted and established resources

Accompanying Participants to Appointments



Transport & socially support participants in their care

Why is Harm Reduction Care Navigation important?

- People who use drugs experience significant stigma and discrimination in legal, social, health, and behavioral health systems
 - Perpetuates exclusion & marginalization from traditional settings
- SSPs engage critically with people who are most at risk of overdose, infectious disease transmission, and substance use-related harm
- Research shows that intensive care navigation increases health outcomes for people who use drugs and/or experiencing homelessness
 - Co-located service models also support engagement in care
- Complex needs require a hands-on approach that prioritizes relationship over defined outcomes

Data Reporting Preview

HRCN Data Reporting

- Starting on 3/1/2024, harm reduction care navigation data will be reported in Smartsheet
 - A (much) better data system is currently in development, planning to launch mid 2024
- Monthly data is due by the 15th of the next month
- DUH epis will be reaching out to each program during February 2024 to receive input and customize programs' data collection forms

Training Requirements & Opportunities

Monthly HRCN Office Hours



- **WHAT:** A routine, remote opportunity to check-in and receive support around how to provide HRCN.
 - This is optional but we would love to see you there and hear how it's going
- **WHEN:** 1 hour once a month, starting in March or April.
 - A poll will be sent out to learn more about your availability!
- **HOSTED BY:** Madison & the rest of the DUH team

Harm Reduction Care Navigation In-Person Training



- **WHAT:** A full day in-person training focused on how to provide Harm Reduction Care Navigation
- **WHO:** 1 Care Navigator from each agency is required to attend as part of your contract; 2 people are welcome!
- **WHEN:** Late March or April 2024.
 - A poll will be sent out regarding your availability.
- **WHERE:** SeaTac area – officially TBD.
- **HOW:** Transportation and lodging will be funded by DOH. We will work with each agency individually to help facilitate arrangements once details have been finalized
- **HOSTED BY:** Drug User Health Team

Questions?

Please contact Chelsie Porter at
Chelsie.Porter@doh.wa.gov

Drug User Health Program
Office of Infectious Disease



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